NEEDLES AND THREAD

May 2020



A Special Message from our President

Well, we have made it through April...

Not the exact way I would have thought but nevertheless me made it. As I am writing this the current Stay-at-Home order is set to expire May 15, 2020. (Fingers-Crossed)

I am curious as to how our future gatherings will look. Currently Gashland United Methodist Church, where we meet, is in full shutdown without a reopen date. As our June meeting draws closer, I will be in communication with them.

On a more positive note- THE 'NEW' Member Directory is done!!! Actually, it has been done for awhile. Unfortunately, we are unable to go to the printer so we are in a holding pattern until the Stay-at-Home order is lifted.

To date I have not been informed of any member contracting the virus and pray that information is correct and everyone is staying safe. Please do not hesitate to contact me if you need help with any basic needs.

Becky (816) 682-3608

John 14:27

Peace J leave with yon; my peace J give yon. J do not give to yon as the world gives. Do not let your hearts be troubled and do not be afraid.

Scrap Quilt

A big thank you to those of you who have been making 4-patches! Let us know that you have 4-patches or fabric for the quilt and we will plan a drive-by pick up. Contact one of us at:

Denise: (816) 898-3157 ddodd81388@gmail.com Daphne: 660-424-0343, mcdaph0927@yahoo.com





Treasurer's Report April, 2020 JoAnn Borchett, Treasurer

	Jan-Dec 2020	Feb '20	Mar '20	Apr'20	УТD	Variance	Budget
	Starting Bank Balance	26,611.74	23,484.88	22,963.83			2020
	Income						
н	Book Orders (Library)				0.00	(100.00)	100.00
	Fons & Porter Subs				195.00	120.00	75.00
z	Fundraiser				0.00	(1,393.00)	1,393.00
n	Membership Dues	180.00	220.00		2,380.00	(620.00)	3,000.00
	Membership Roster Ads				0.00	(100.00)	100.00
0	Memory Makers	20.00			20.00	(80.00)	100.00
	Miscellaneous				0.00	(300.00)	300.00
Z	Opportunity Quilt				0.00	(1,800.00)	1,800.00
	Quilt Show				0.00	(1,000.00)	1,000.00
т	Retreat Income '20	407.00			607.00	247.00	360.00
	Retreat Income '21				0.00	(4,000.00)	4,000.00
	Scrap Quilt				0.00	(500.00)	500.00
	Workshop (Offset of Program Exp.)				45.00	(105.00)	150.00
	Totals	607.00	220.00	0.00	3,247.00	(9,631.00)	12,878.00
E	Expenses Book Orders /Library				0.00	(150.00)	150.00
_	Fons & Porter Subs				195.00	120.00	75.00
x	Historian				0.00	(20.00)	20.00
	Hospitality				0.00	(300.00)	300.00
Р	KCRQF						50.00
	Installation				0.00	(50.00)	50.00
E	Liability Insurance				0.00	(475.00)	475.00
	Membership				0.00	(450.00)	450.00
N	Memory Makers				0.00	(15.00)	15.00
	Miscellaneous	46.99	173.23		365.88	65.88	300.00
S	Newsletter				0.00	(450.00)	450.00
	Opportunity Quilt	151.50	117.82		269.32	(80.68)	350.00
E	Post Office Box				0.00	(102.00)	102.00
	Professional Dues & Member- ship				15.00	(40.00)	55.00
c	Programs		300.00		300.00	(3,700.00)	4,000.00
s	Quilted Blessings		300.00		0.00		200.00
	Rent (Gashland Methodist)	100.00	100.00	100.00		(200.00)	
		100.00	100.00	100.00	400.00	(800.00)	1,200.00
	Retreat '21	1,191.16			1,191.16	(208.84)	1,400.00
	Retreat '20	2,244.21			2,244.21	153.21	2,091.00
	Scrap Quilt		E0.00	E0.00	0.00	(75.00)	75.00
	Set Up		50.00	50.00	150.00	(450.00)	600.00
1	Sewing Bee				0.00	(100.00)	100.00
	Sunshine and Shadows				16.97	(53.03)	70.00
1	Web Site				0.00	(150.00)	150.00
1	Workshop				0.00	(150.00)	150.00
	Totals	3,733.86	741.05	150.00	5,147.54	(7,680.46)	12,878.00
	Outstanding Check(s)						
	Ending Bank Balance	23,484.88	22,963.83	22,813.83			
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STRESSED Experiencing it?

Stress during an infectious disease outbreak can include:

- · Fear & worry about your own health and the health of loved ones
- · Changes in sleep or eating patterns
- · Difficulty sleeping or concentrating
- · Worsening of chronic health problems
- · Worsening of mental health conditions
- · Increased use of alcohol, tobacco, or other drugs
- Headaches or stomachaches

We all have stresses in our lives and must find a healthy way to cope. We have to make sure to taking care of ourselves, our friends, and our family.

A few ways to help cope with stress:

- Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting.
- · Take care of your body.
- Take deep breaths, (sew) stretch, (sew).
- Try to eat healthy, well-balanced meals. (chocolate is ok)
- Exercise regularly, sew, get plenty of sleep.
- Avoid excess alcohol.
- · Make time to unwind.
- Try to do some other activities you enjoy like quilting, sewing, petting your stash.
- · Connect with others.
- Talk with people you trust about your concerns and how you are feeling and any project you are working on at this time.

Mini Groups

Please contact the following individuals if you have an interest in one of our Mini Groups!

- Wool Group led by Helen Tidics meets the third Thursday at 9:30 AM at Helen's home.
- English Paper Piecing Group led by Roberta Waterfield meets at her house the third Tuesday at 1:00 PM.
- Panel Group led by Donna Brattin meets the first Tuesday of every month at her home at 1:00 PM.
- The Crazy Quilt Mini Group led by Mary Rohrbeck meets on the first Thursday of each month at 1 PM at the North Kansas City Library.
- Quilt of Valor Group will meet right after the monthly guild meeting and is led by Rhonda Thiedke.



QUILTED BLESSINGS

Take advantage of "stay at home" and make quilts for Quilted Blessings! I will collect them at our next meeting.

Teddie Broughton

Memory Makers

Memory Markers will have two quilts to baste when we have the next sew bee. If you have a quilt you want basted please contact us to get on the schedule!

Beth and Martha



May Birthdays

Sharon Sumner	5/8
Janet Anderson	5/15
Mary Rohrbeck	5/18
Lynda Laughlin	5/21
Linda Dull	5/22
Peggy Sego	5/24
Dessie Brown	5/25
Dorothy Bull	5/26
Marilyn Bodensteiner	5/28
Lou Whittier	5/28

Basket Fundraiser Event

Hold onto your baskets and auction items a little longer! This years annual basket sale will held after the **JULY** meeting.



SEWING BEE

Sew Bee is cancelled for May. Hopefully we will be able to meet in June and visit!

Roberta Waterfield



In June we have Kathy Delaney with her "Do Humble Beginnings Mean A Humble End" followed by a workshop, applique turned edge and raw edge, \$35 per participant.

Quarantine Projects

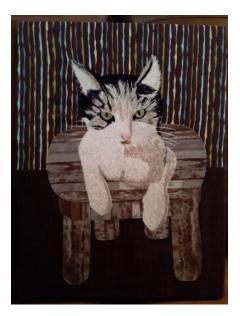
Here are just a few pictures of what some of our members have been doing during quarantine!

This quilt was made by Lou Whittier from a donated kit and will be donated to the Metro Lutheran Ministries Christmas Store. Didn't it turn out beautiful?



Roberta Waterfield has been busy recreating this picture. I think she did a great job!





SILENT AUCTION NEWS

The **Veterans Community Project** has been selected to receive the proceeds from the Silent Auction this year. To learn more about the Veterans Community Project go to <u>veteranscommunityproject.org</u>.

The items listed below are our "go to" items but, you are not limited to these items or suggestions. If there is anything that you would like to make and donate to the Silent Auction, please feel free to do so. Your donation is greatly appreciated.

Miniature Quilts – no side to exceed 24 inches; Wall Hangings – no side to exceed 40 inches; Table Toppers/Runners; Baby Quilts – maximum size 45"x 50"; Panels/cheater cloth are accepted, but only if embellished. Additionally, Lap quilts; Tote Bags; Casserole Carriers/Potholders/Oven Mitts will also be accepted.

Suggestions for the above items might be anything seasonal or sports related.

Please put a label on your donation with the name of the quilt show, *Northland Needlers 2020 Quilt Show* and your name.

Donations will be collected at our next guild meeting.

If you have any questions, please feel free to talk to Mona Meyers or Teddie Bronghton.

For Sale

FOR SALE- Quilting frame and machine

While this set is a few years old, it has less than 3 HOURS sewing time due to illness and divorce. It was purchased brand new from MO Sewing Machine for \$2600, asking \$1800 so my loss is your gain. This baby quilts from California King to crib size quilts, includes the laser tracer (NEVER USED) and pattern shelf. It is a New Joy aluminum adjustable quilting frame and includes the gliding machine carriage. The machine itself is a Janome 1600p. An amazing set for an amazing price. I have all paperwork, books and dvd. Please feel free to pass on this information to any interested party. Frame is currently disassembled and ready to move into a new home (hence the stock photo).

Call Wendy at 816-516-4740

Jf yon have an item for sale please send me an email with all the details. For sale items will be listed as long as there is room in the newsletter.

Rhonda

rthiedke76@yahoo.com









COMMITTEE MEMBERS



Miniatures/Silent Auction President Mona Meyers (816) 838-3973 Becky Newsom (816) 682-3608 **Teddie Broughton** (816) 803-9312 1st Vice President Newsletter Jean Hummel (816) 223-6644 Rhonda Thiedke (816) 729-0217 Donna Bratton (816) 522-1780 Programs 2nd Vice President Jean Hummel (816) 223-6644 Trudy Coogan (816) 429-6506 **Opportunity Quilt** Open Debbie Bush (816) 805-1017 Secretary Peer to Peer Mary Ann Robker (816) 490-1453 Donna Bratton (816) 739-0366 Treasurer Publicity JoAnn Borchelt (816) 645-3798 Mary Rohrbeck (816) 741-0320 **Quilted Blessings** Auditing Teddie Broughton (816) 803-9312 Jane Bromberg (816) 739-0366 **Regional Quilt Show** Bazaar Jean Hummel (816) 223-6644 Karen Allen (816) 506-8117 JoAnn Borchelt (816) 645-3798 Margaret Reichart (816) 891-8241 Retreat Calling Jane Bromberg (816) 739-0366 Betty Haynie (816) 420-8860 Scrap Quilt Historian Daphne McClure (660) 424-0343 Jo Forsythe (816) 781-5326 Denise Dobb (816) 898-3157 Hospitality **Activities Committee** Leah Stanley (816) 830-5095 Rhonda Thiedke (816) 729-0217 Daphne McClure (660) 424-6506 Leah Stanley (816) 830-5095 Denise Dodd (816) 898-3157 Sewing Bee/Challenge Committee Library Roberta Waterfield (816) 935-9650 Nancy Bellis (816) 769-8445 **Social Media Committee** Membership-Rhonda Thiedke (816) 729-0217 (816) 589-4470 Mary Cason Show and Tell **Memory Makers** Joann Thomas (816) 628-1236 Martha Bell (816) 898-6607 **Sunshine and Shadows** Beth Curasi (816) 415-9470 Shirley Justus (816) 453-6884



May 2020



UPCOMING EVENTS

No Meeting for May

Gashland United Methodist Church

7715 N Oak Street, Gladstone, MO



Northland Quilters' Guild PO Box 46654 Kansas City, MO 64118-6654